



Sean Bradley

The Barefoot Angel Man™

Sean's Spring Update for 2007.

Dearest Friends of the Master Jesus

They say that spring announces the coming of many beautiful surprises and none more than a renewed vigour in one's spiritual journey. CAN YOU SENSE A 'SPRING IN YOUR STEP? Let's hope so and that you too will allow spring put a 'spring in your step today'.

One can immediately tell that spring has come the way the birds are all busy preening for their intended mates; lambs bleating and galloping with great excitement as each new group gather to share their newfound energies totally disregarding any immediate danger. As I walk our two pooches, Ellie and Winston, along the shores of the nearby Kent estuary where the sea is lapping by the grass verges and the sun's rays are reflecting on the nearby mountains of the Cumbrian fells revealing a living masterpiece from the Lord's own hand, I know that Spring is upon us at last and Easter is not too far away when we celebrate the birth of 'Love and Light.' The gloom of the winter months is now behind us and we can look forward to brighter evenings and the occasional tippie in the garden. What a joy to be here in this sacred oasis and be allowed the opportunities to embrace the 'Blessedness of the I AM PRESENCE.'

Many of us who work in service with the Master Jesus, Mother Mary, the Divine Feminine and the Celestial Light Beings of pure love have been going through a difficult patch since the Winter Solstice. Many have written to me to share their feelings and memories about their 'dark night of the soul experiences' that has indeed left them feeling utterly traumatised confused and feeling adrift as if on a stormy sea. Take heart for I too, have been recently caught up in such a polarity of energies that has even left me feeling like a 'dish cloth' well rung and little left to absorb much more! We know that for every 'Negative thought or experience' there is an opposing 'Positive thought /outcome.' I sense in my heart that there is a reason why we need these 'golden nuggets' or opportunities to bring us back a few steps in our journey to take stock. As light workers, we already know in our hearts that the Master Jesus is close beside us taking the burden off our shoulders. In our hearts we know too that way we are temporarily free to retreat from the ego, the head centre, that is smarting with 'if's and butt's encouraging us to perform a spiritual post mortem and get embroiled in regrets.

The need to stock take where we are at and where we are in our spiritual journey is essential if we are to remain in tune with what God is sharing with us. Too often, we can get sidetracked in forgetting that as mere mortals, we really do need a 'kick up our spiritual ass' otherwise, we would not be empowered to take responsibility for our actions. We know that complacency is not good for the soul and we each need a challenge whether it comes from within, our partner, our family or our clients. Challenge is good music for the soul and the lubricant that embodies exceptional harmony. What challenges me is when I meet up with a beautiful light worker who has given above and beyond the call of service to see them encapsulated in negativity and gripped with fear. There is a sense that some feel so helpless and that their situation seems hopeless. Many choose to remain in victim-hood and all we can do is send love. For some, this can be perceived as failure because they (the light worker) were not able to provide a 'spiritual sticky plaster' to resolve their issues. In my heart, I am aware that momentarily one has left the presence of Love and Light and got caught up in their dramas. This is so easy to do and we need friends who are of the light to speak their truth not from anger but solely from a heart of love. I can count my special friends on one hand and they are special because they speak their truth to my soul and whilst I may not like what I hear, I know

that their words are truth and action is required. Is Mother Earth recalling you too back to your core values to sense their love for us?

As one who has danced round many handbags, my personal experience is that many light workers are threatened by the simplicity of the work I do and in supporting clients who are experienced nurses and therapists they feel a sense of real unworthiness directed towards them from their peers. Rather than their colleagues say they would like to know more about what they do they subject them to a tirade of emotional and mental abuse slandering their good name as light workers only because they themselves are threatened because they are unwilling to embrace their own inner core issues and reclaim their divinity. Many want what we do yesterday and are unwilling to do the spiritual workout. I experienced this about six years ago when I first began this work and true to form, I did not have a clue as to what I was doing as my heart was guiding me all the way. There have been many occasions when light workers challenged me that I was rubbish and that there was no need for my work! I succumbed to this negativity and did something that I have since come to regret. I went into my head and like the inner wounded child, I sulked for sometime and made myself believe that 'I was not good enough.' But, in retrospect, I ask myself daily what is 'good enough'? Now, with hand on heart, I can say that 'good enough' is not good enough as the Master Jesus demands 100% total commitment in what we do in service to Love and Light. That means that when we go out in His name to share His love and Light that we are the instruments of spiritual change that will inevitably 'CHALLENGE' them to face their inner core issues and be empowered to self heal and let go!

Over the past six years of doing this work, I have found that many are enthused to want to do what I do, but there is a reluctance to change their lifestyle. They ask the Master for help and help is always given but what the student is saying is, 'give me my wants' at the expense of ignoring my immediate needs. Today, we as light workers are empowered by our own spiritual maturity and discernment infused by the presence of the Master Jesus and Mary Magdalene, to take their words out to those who are hurting, confused or lost' and empower them 'take responsibility for their own lives.' I sense that many want advice but are not in a good place to hear, or maybe they want it on their terms. Regardless, of the outcomes, as therapists in service to the Master Jesus, we come always from a place of love with no agenda other than to allow the recipient to experience some spiritual solace for their soul. We know from the feedback to the therapy (Therapeutic Channelling) that many now are experiencing a soul therapy that is unlike anything they have yet experienced. Yet, in all of this supporting and nurturing of others, we too have faced or will face the insults, rejection and backstabbing from our peers. In my case, I am perceived as been disrespectful for daring to smoke! I am challenged when I receive letters for a third party that my unusual sense of humour and daring to be me and for not wearing the latest designer clothes really offends delegates and others. The last laugh on me is that I 'dare to be different' and dress down to the point of working in my bear feet! I ask myself, where does it say that we have to jump through hoops to be light workers. Wasn't the Master human and didn't He even enjoy a few drinks? So why all this namby pamby? I have come to the conclusion that people can call me what they want but I would rather they hear the message from the heart of the Father Mother God speak direct to their hearts than focus their attention on the messenger. Could it be that somewhere we have lost the simplicity of living and now caught up in the 'minutiae' like politicians have with Brussels. My parting speech to your hearts is, 'please take back your personal power' before they do!

I recall the time when I left the monastery as a young monk that my decision caused great embarrassment for my family, as they knew they had lost their 'meal ticket to God.' HA! My late father put me on a pedestal and he enjoyed telling his drinking cronies that he had a son who was doing all the praying for his sins! Ha! Then, Dad had a reality check when his eldest son Sean decided to take back his power and live life to the full! Could this be a gentle reminder to you to stop trying to please too many people, family, friends or clients and for once, be yourself? Who gives a sausage if you are YOU? Only we offend ourselves when we allow others into our sacred space to dictate their terms.

When the Master finally gets to connect with the heart of another through our / His gifts to us, they have choices to make. They can either accept or reject that love. There is

never any pressure or force applied. Yet, we know there are the few who will smile until the cows come home and only give us a 'lip service' and then walk away like the 9 lepers. Instead of going into their hearts, they project their own negativity and discredit the therapist/s who offer love and light. On a purely personal level, I would never intimidate or deliberately offend another, yet, I know that I have been accused that I have done ABC and when it finally came back to me I was more hurt than the person/s who allegedly accused me unfairly. I know that the Master Jesus has touched many lives through my work. I did not come into this work to become famous and I have never hung around long enough for the feedback or the adulation. When praise is forthcoming, then I personally thank the Master for allowing me be there in service and direct that praise back to Source. This is what I believe is what is expected of us who remain loyal as light workers in service to the Divine. Keep it simple Sean!

There is a tendency in our line of work to go where 'angels fear to tread? I can see it happening more and many are now caught up in a frenzy of being boring with their knowledge and applied sciences and therapies. It is way out of control and if I am to be blunt and honest, these souls are scaring the life out of ordinary men and women from engaging in holistic work. When a therapist or light worker has not addressed their inner core issues or rescuing personality, then they will automatically engender a sense of looping within themselves as well as with their clients. In other words, the therapists will feed off the praise from their client base that will eventually feed their ego. We know that where there is ego, there is head centre and where a light worker works from their head they cannot represent the Divine Feminine or the Jesus energies because ego + head represents anti love, anti Source! This is what I find is happening more today as so many get caught up in New Ageism. One therapist told me that the energies I represent and work with are far inferior to theirs! I rest my case and hand my feelings back to Source. Thank God for one's prayer time when we can come as we are in our utter humanity and just be! There are still a large number of light workers who say to me that they have returned into this incarnation to address past life issues and work through them! In the early days when I too was learning to master myself, I believed in that school of thought. Now, I shudder in my bones as I know it is pure ego talking. I believe that the reason why you and I have returned here is only because we agreed to bring the wisdom and richness from our past lives as Priests and Priestesses serving the God who is still the same God of Love and lead many back to Source. If this challenges you, then bingo! Sean has finally gone out with a bang!

The Master Jesus always has a few words to say to my heart when I am been severely tested by clients who are unwilling to accept divine truth. He says, 'Sean, I never, ever said that it would be easy. What I did say is that they will crucify you for more as they did me less. Know that throughout your faith journey I will never forsake you and that I will always walk beside you. I will send you brothers and sisters who will love you unconditionally.'

The past 58 years has been a course in learning to accept oneself and more importantly the need to love myself as a child of God. Yet, I know that there are those who would prefer that I be what they want me to be like the monk –all smiles but no heart! Ah, the heart is where it is at and where it is at is living in the presence of the Master Jesus who affirms us to be different, unique and remain forever challenging like He was-just like He is now.

When I recap on the past 6 years when I first trained as a sacred garden designer little did I realise that I would end up training students and therapists to embrace the Sananda Jesus, Magdalene, Angelic energies. My first stint of running workshops in Ireland way back in 2002 was more about creating an oasis for angelic energies. The realms have truly been messengers of God in that they have guided my heart to do what I am presently doing in the name of love. When my friend Alison Knox presented me with a channelled message from Metatron with the most powerful and beautiful painting of this great Archangel, little did I know how my work would evolve and how many souls would be transformed from spiritual poverty into spiritual millionaires? So, I am not surprised that now I am on another spiritual threshold about to embark on yet another journey and like you all I can do is wait, trust and listen to my heart guide me to the next level of my ascension process.

In saying this, I am aware that the therapists and students of the academy have gone from been a database of therapists to a living vibrant spiritual family who radiate selfless love and devotion to each other. Yes, I have supported many therapists embrace the angelic energy but the time of separating the wheat from the chaff has already happened resulting in a more cohesive group of light workers / therapists who are 100% committed to the Academy, representing the beating heart of Jesus for His people. Their spiritual life and their deep love and respect for each other was rewarded in July 2006 when Lord Kutumi (Saint Francis) spoke to all our hearts inviting us to work with the Ascended Masters by establishing the Tau Community –an interfaith community for therapists and carers to come and share Divine Love and just be. The Tau Community has become the spiritual lifeblood of our therapists for our therapists. The Master Jesus and the Ascended Masters have blessed their commitment to each other by their daily guidance and support in making their vision for you and me a reality. The members of the Tau family and the students and therapists of the Sean Bradley Academy are committed to planning for the very first respite centre for our members who will live in that spiritual faith community as brothers and sisters sharing their gifts with all who are in search of Love and Light, regardless of their belief system/s. So, the need for me to now prioritise and go with what my heart is saying by handing over the reigns to a more able bodied and spiritually mature team of therapists who will carry on the work as our teachers and mentors is now already happening. Besides, as the Chair of the Board of Trustees for the Tau vision, this involves more time and energy.

I write to you from a heart that is infused with love for you. You do know that I value and respect you albeit been a difficult teacher to you all at times. You also must know that I have respected you for your honesty, integrity and speaking your truth to me when that need arose. As your spiritual brother know that in my heart I cannot thank the Master Jesus sufficiently for the gifts that He and Mother Mary have brought into my life since you came into my life. Yes, your love and selflessness have been a source of real joy for my soul especially during those times when I have lost sight of my divinity and allowed the negativity of others rape my divinity leaving me vulnerable and without a vision.

The recent spiritual retreat to Taba in Egypt was another wonderful experience not just for me personally but for the other 25 therapists and their friends who joined us by the Red Sea. Several of us have returned home to be greeted by “changes that now need to be made” and now we are adapting to whatever the Master is now asking of us as individuals. Visiting the birthplace of the Nazarene Essenes is an experience that is so necessary and essential for my spiritual journey as here I can just be and connect to pure love-the love of Jesus our teacher. With all the energy shifts that are now zapping each and every light worker across the world, we need a firm foundation if we are to withstand these energy shifts, as they take no prisoners! For me, the Sinai desert is such a place where the teachings of Enoch (Archangel Metatron) really challenge one to face oneself in the presence of the Father Mother God. We are already in the final process of preparing for another group to return there on 21st May and again in November 2007.

Recently, I was invited to run a live relaxation class for a group of about 50 clients affected by a cancer related illness at the Macmillan Cancer care Centre in Davyhulme in Manchester. The group had heard about me through a CD that I recorded some 5 years ago, titled, Embracing Your Inner Essence’. The group have been exposed to my voice for some 3 years and late December 2006, the manager contacted me for a copy of that CD. It was my suggestion that why not have me live instead of a recorded voice. What a day that was. I as so humbled to meet so many beautiful souls and I sense too that my former years as a qualified nurse in Palliative Care came to the fore. I was joined by two of our qualified therapists, Theresa and Janet and we all agreed that here is where we are meant to be –on the firing line supporting the clients and more importantly the therapists who deliver such wonderful support to the cancer patient. That day was a gentle reminder from Jesus to go back to that place where it all began for me as a nursing monk and share the gifts that God gave me in my voice if nothing else. Do you sense in your heart that the Master Jesus and the realms are inviting you to go back and revisit something that you have to share?

So the advent of spring is a good time for that inevitable 'Spring Clean' in our souls as well as in our homes. There was a saying in my monastic days that said 'cleanliness is next to Godliness.' It is not good 'Feng Shui' to be surrounded with clutter! Yet, we hoard like squirrels. What is that about some might ask? Well, for the Barefoot Angel Man it means face life's hurts and challenges and discern what God is saying to my heart. My soul is now saying that the time has come to change the way I do things for the Master Jesus. I sense that the way I have worked is now over. Namely, the days of running group workshops no longer resonate with my heart as I have found lately that there are many souls with humongous egos who play mind games and who remain 'closed' or temporarily cut off from self.

The energies that are now coming through are for those who are open and receptive to change and who are willing to take back their power and be responsible and part of the healing process. I am now been guided by my heart and the promptings of the Master Jesus to offer a more 'personalised service' to students and clients by meeting them here where there is a vortex of pure love that will safeguard and protect them. Yes, I will continue to run my consultancy from home and yes, I will continue to support therapists who are ready to embrace the Sananda Jesus Magdalene energies and yes, support clients offering a '1 to 1' at Chapel Gap. With the advent of several more therapists coming on board to train as teachers it is right that Sean hands over the reigns to our fellow teachers in the academy and allow young blood take the helm. It is not good that we find ourselves in a situation when we see ourselves as been irreplaceable. I am replaceable and make no mistake about that as we have a wonderful team within the academy who are just as committed as Sean. Already, I am winding down my appearances around the UK and abroad and by 2008, I expect to only do the occasional venue where a guest appearance is requested. This is not Sean courting his ego nor is he flattering himself either. It is been practical and honouring my sacred contract as well as empowering others embrace their contracts too. Besides, at 58 years old, I think I need to be where my oasis is and spend more time nurturing my own soul and hopefully be there to support the clients that are already been guided more for my skills as a Pastoral life coach as well as seeking a personalised therapeutic exchange.

Know that Sean will always be there for you as your brother and I hope that by writing to you in this way will assure you that I am there for you today as I was when you first came on board as a therapist, or more importantly as my friend. As we enter another Spring my prayer for you is that you will allow Mother Earth and the Nature Spirits lead you gently by the hand of spirit to a safe oasis in God's garden and there find the 'real you' the one whom God loves and respects; a soul that is bursting with joy like the baby lambs who are eager to make the most of their short existence and be. Enjoy the spring and lets its renewed vigour touch the kernels of your soul! Enjoy too whatever the Master Jesus shares with you in silence about possible changes that may be the making of you and others around you.

Today, I believe that as light workers of the greatest integrity, our mandate is not just about pleasing everybody at the expense of loosing our own soul or gifts. My belief is that we owe it to ourselves to see what God sees in our heart, a heart that is loved and respected as a co creator of God regardless of our humanity and foibles. So, let the essence of spring allow you time to engage with that long overdue spring clean and chill as I am right now. Thank you to the many who have given so effortlessly to help me touch many lives and share with them a fragment of what awaits them when we cross through the veil of life.

Your beloved Brother Essene and Friend always.

Sean Bradley

The Barefoot Angel Man™

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