

# Sean Bradley Academy Summer Newsletter

**June – August 2006**

*I am not what happened to me, I am what I chose to become - Carl Jung*

Hi Everyone

The above caption really caught my eye recently and I was reminded to revisit it when I was recently strapped to a cardiac monitor in our local A&E department when I suddenly became ill on Saturday evening of the 21<sup>st</sup> May '06. It really struck a cord and made me see my whole life flash before my eyes. In moments of panic I was reminded of the quote from Carl Jung and then I sensed why I do what I do! Sometimes we need a kick in the 'spirituals' to get us back on track and learn to let go of the 'Head' and embrace the heart. You will be pleased to know that the cardiac tests proved negative but showed a severe case of reflux Oesophagitis or in lay mans terms –too much production of acid in the stomach! I sense too that the influx of new energies are challenging all of us to revisit our life styles and in particular our diets as our energy systems cannot tolerate foods that we took for granted like dairy produce and animal fats! What a disappointment this has been as I so love my chips, chocolate and goodies too!

This brief newsletter will be short and sweet as I am struggling to find the energy as well as the time to produce the newsletter. But on another level, in my heart I sense that we are to reflect on the words above and instead of relying on others to feed us our information that we as light workers have a duty to abandon the 'nanny state' and take back our power and find the information we need to get us back on track!

Over the past few months I have been sent various interesting articles that I would like to share with you. But before that first things first. They are:

## **BELATED BRITHDAYS**

Nerys Hawkins (Nr Wales) 27<sup>th</sup> May '06

Abigail Hickson (Ireland) 27<sup>th</sup> May '06

## **SPECIAL BIRTHDAYS this Summer**

Aggie Drummond (Scotland) 17<sup>th</sup> June '06

Mary Newman (Ireland) 19<sup>th</sup> June '06

Pauline Kirsta (Bolton,UK) 11<sup>th</sup> July '06

Martin Thronber (Liverpool,UK) 2<sup>nd</sup> August '06

Lesley MacNay (Derbyshire, UK) 5<sup>th</sup> August '06

Angela Robbins (Wirral, UK) 19<sup>th</sup> August '06

Helen Wilkins (Morecambe, Lancs) 26<sup>th</sup> August '06

## **SPECIAL PRAYERS:**

Katherine, Raj and Family (Rotherham,UK); Irene (Wirral); Wendy's partner( Scotland); Patricia (Edinburgh); Sharon (Cardiff); Babs daughter and husband(Manchester); Tommie; Ann; Leah (Oxford); Kathleen (Derby); Jo's daughter Claire (Edinburgh); Deborah's Mum, sister Pamela and friend Pat (North East); my family in Dublin. For the many who have e-mailed me and who have asked not to be named but requests special prayers from our therapists.

Please remember our next group of students who are taking the 2 day advanced therapist's course in North Manchester over the coming May Bank Holiday Weekend. They are: Margaret, Lesley, Lisa, Caroline, Angela, Irene, Beverley, Pauline, Marilyn and Jean. Also remember in your quiet times Bernie's Group in Ireland who will be graduating in June. They are Abigail, Margaret, Mary, Noleen & Catherine.

### **BODY AND SOUL MAGAZINE (MANCHESTER)**

Thank you to Jane for adding the names and contact tel numbers for our therapists living in the North West under the section Spiritual Healing.

### **FORTHCOMING EVENTS IN THE NORTH WEST**

<b>Dates</b>	<b>Venue</b>	<b>Workshop</b>
<b>Sun: 4<sup>th</sup> June</b>	<b>Subud Centre, Shipley -1</b> <b>Day Healing Workshop</b>	<b>Embracing The Divine Feminine/ Christ Consciousness' 1 Day Healing Workshop</b>
<b>Sun: 11<sup>th</sup> June</b>	<b>Hyde, -awaiting venue</b>	<b>Angel Healing Day Workshop</b>
<b>Sat: 1st July '06</b>	<b>Shipley Library, West Bradford.</b>	<b>Angel Healing Day -contact Mab on Tel: 01274-498399</b>
<b>Sat: 8<sup>th</sup> July '06</b>	<b>Healthy Spirit Holistic Centre, Didsbury, Mer.</b>	<b>Angel Healing Day Workshop -contact centre on:0161-434-6784</b>
<b>Sun: 9th July '06</b>	<b>Armana Holistic Centre. St Helens</b>	<b>Embracing The Divine Feminine/ Christ Consciousness' 1 Day Healing Workshop</b>
<b>Sun: 16th July</b>	<b>Castlefield, Manchester</b>	<b>Summer Festival MBS Day. (11-5pm)</b>
<b>22nd &amp; 29 July '06</b>	<b>Shipley, West Bradford</b>	<b>2 Day Advanced Therapist's Course.</b>
<b>Sun: 23<sup>rd</sup> July '06</b>	<b>Derwent Hotel, Handsworth, S.Mcr.</b>	<b>1 day Sound /Angelic healing w/shop. Contact Yvonne on c/o Academy:</b>
<b>Tues: 25th July '06 (7.15pm-9.30pm)</b>	<b>Primrose Holistic Centre, Middleton, Morecambe</b>	<b>Evening Seminar Embracing The Divine Feminine/ Christ Consciousness'</b>
<b>Sat: 19<sup>th</sup> August '06</b>	<b>Mind Body Spirit Centre, Bury, Lancashire</b>	<b>Angel Retreat Healing Day for Therapists. Contact Andrea on: 0161-764-1440</b>
<b>Sun: 20th August</b>	<b>Derwent Hotel, Handsworth, S.Mcr.</b>	<b>Embracing The Divine Feminine/ Christ Consciousness' 1 day healing w/shop</b>
<b>Wed: 6th Sept '06 (7.15-10pm)</b>	<b>Motherwell, Scotland</b>	<b>Evening Seminar Embracing The Divine Feminine/ Christ Consciousness'</b>
<b>Sat: 9<sup>th</sup> September 2006</b>	<b>Nottingham</b>	<b>1 Day Healing Workshop ' Re-programme your Spiritual DNA with Love and Light. Contact Alison Knox: 0115-985-6878</b>
<b>Sat /Sun: 16 &amp; 17 September '06</b>	<b>College of Parapsychology Edinburgh</b>	<b>2 Day Healing Workshop Embracing the Divine Feminine, working with the Christ/Magdalene &amp; Angelic Healing energies.</b>
<b>Wed: 20th Sept '06</b>	<b>Quaker Meeting House, Newcastle upon Tyne</b>	<b>Evening Seminar -'Embracing The Divine Feminine/ Christ Consciousness'</b>
<b>Sat: 23<sup>rd</sup> September '06</b>	<b>Phoenix Centre Townhead, Glasgow. Scotland</b>	<b>1 Day Angel Healing Festival -contact Sean direct.</b>
<b>Sat: 30<sup>th</sup> September '06</b>	<b>Liverpool, Merseyside</b>	<b>1 Day Angel Healing Festival. Contact Irene Furnival on: 07985-590725</b>
<b>Sun: 1<sup>st</sup> October</b>	<b>Llandudno, Nr Wales</b>	<b>1 Day Angel Healing Festival . Contact Eirean Harrison c/0 academy</b>
<b>Thurs: 5th Oct '06</b>	<b>Quest Group Sunderland</b>	<b>Evening Seminar -'Embracing The Divine Feminine/ Christ Consciousness'</b>
<b>Sat: 7<sup>th</sup> October 2006</b>	<b>Norfolk Park Heritage Centre, Sheffield</b>	<b>Embracing The Divine Feminine/ Christ Consciousness' 1 day healing w/shop. Contact Margaret: 07909-964920</b>
<b>Sun: 8<sup>th</sup> October 2006</b>	<b>Gorton Monastery Project, Manchester.</b>	<b>1 Day Angel Healing Festival -Fund Raising Event by the Academy for the Charity!</b>
<b>Sat: 14<sup>th</sup> October</b>	<b>Preston</b>	<b>1 Day Angel Healing Festival</b>
<b>Sun: 15<sup>th</sup></b>	<b>Huddersfield</b>	<b>1 Day Angel Healing Festival</b>

<b>October</b>		
<b>Sat: 21<sup>st</sup> October</b>	<b>Quakers Meeting House, Newcastle, opp. Metro</b>	<b>1 Day Angel Healing Workshop Contact Deborah on: 01912-291589</b>
<b>Sun: 22<sup>nd</sup> October</b>	<b>Hartlepool</b>	<b>Embracing The Divine Feminine/ Christ Consciousness' 1 day healing w/shop.</b>

**Have a wonderful Summer vacation and looking forward to meeting up with some of you at the above events or here at Chapel Gap or both!**

**Love, Light and Blessings  
Your Brother Essene  
Sean x**

## **Interesting Articles for sharing**

### **Subject: Do You Know Who God Is....??**

THIS ONE IS FABULOUS!!! It was written by an 8-year-old named Danny Dutton, who lives in Chula Vista, CA He wrote it for his third grade homework assignment, to "explain God". I wonder if any of us could have done as well?

#### **EXPLANATION OF GOD:**

"One of God's main jobs is making people. He makes them to replace the ones that die, so there will be enough people to take care of things on earth. He doesn't make grownups, just babies. I think because they are smaller and easier to make. That way he doesn't have to take up his valuable time teaching them to talk and walk. He can just leave that to mothers and fathers."

"God's second most important job is listening to prayers. An awful lot of this goes on, since some people, like preachers and things, pray at times beside bedtime. God doesn't have time to listen to the radio or TV because of this. Because he hears everything, there must be a terrible lot of noise in his ears, unless he has thought of a way to turn it off."

"God sees everything and hears everything and is everywhere which keeps Him pretty busy. So you shouldn't go wasting his time by going over your mom and dad's head asking for something they said you couldn't have." "Atheists are people who don't believe in God. I don't think there are any in Chula Vista. At least there aren't any who come to our church."

"Jesus is God's Son. He used to do all the hard work, like walking on water and performing miracles and trying to teach the people who didn't want to learn about God. They finally got tired of him preaching to them and they crucified him But he was good and kind, like his father, and he told his father that they didn't know what they were doing and to forgive them and God said O.K." His dad (God) appreciated everything that he had done and all his hard work on earth so he told him he didn't have to go out on the road anymore. He could stay in heaven. So he did. And now he helps his dad out by listening to prayers and seeing things which are important for God to take care of and which ones he can take care of himself without having to bother God. Like a secretary, only more important."

"You can pray anytime you want and they are sure to help you because they got it worked out so one of them is on duty all the time." "You should always go to church on Sunday because it makes God happy, and if there's anybody you want to make happy, it's God! Don't skip church to do something you think will be more fun like going to the beach. This is wrong. And besides the sun doesn't come out at the beach until noon anyway."

If you don't believe in God, besides being an atheist, you will be very lonely, because your parents can't go everywhere with you, like to camp, but God can It is good to know He's around you when you're scared, in the dark or when you can't swim and you get thrown into real deep water by big kids." "But...you shouldn't just always think of what God can do for you. I figure God put

me here and he can take me back anytime he pleases. And...that's why I believe in God."

(If you believe in God, please pass this on, and may God bless you too.) Have an awesome day, and know that someone has thought about you.

## **How the Spiritual Power of Jesus Works Despite the Roman Empire Church's Weak Version of Christianity**

**The obvious question after reading about the background of today's Christianity, is how does Christianity still work for anyone, given all of the devious methods used over the centuries to suppress the wisdom and destroy the spiritual techniques of Jesus. The answer is surprising.**

**Open minded and spiritually oriented Christian priests, pastors, ministers and individuals in today's world, have two separate methods to enable them to work, and live, within the spiritual energies of Jesus.**

**First, let us discuss what is meant by the spiritual energies of an individual, before we discuss the spiritual energies of a Lord level Sun of God.**

**The spiritual energies of an individual consist of those electro-magnetic energies of God's Magnetic Love and Electric Light which comprise an individual's permanent Spirit, or Light Body. Our permanent Light Body envelopes our temporary physical body.**

**The spiritual energies of an individual can range from the low level spiritual energies emitted by an angry individual, up into the wondrous, inviting and glowing energies emanating from a Lord level Sun of God, like Jesus.**

**Spiritually advanced people in India are sought by spiritual seekers who enjoy being within a saint's spiritual energies, or within those energies which Indians call "Darshan". Spiritual energies flow into one's Light Body and can emanate outwards to others, when one is full of the electro-magnetic energies of Love and Light.**

**Individuals who choose to follow the path of anger and revenge will radiate negative energies. Those who choose to hate others and seek revenge, but also choose to pray some of the time, will radiate mixed, or average spiritual energies. One who chooses to become full of the energies of God's Magnetic Love and Electric Light becomes a pure conduit for the energies of Love and Light. Those who expend the time to fill themselves with Love and Light radiate these wondrous energies to others around them, and by learning to focus these energies, one becomes able to heal and spiritually awaken others.**

**The spiritual energies of Jesus, as a Lord level Sun of God, now far exceed the confines of an earthly body. The electro-magnetic energies of God's Magnetic Love and Electric Light within a Sun of God's Light Body, like Jesus, are so immense that they literally fill our solar system. Thus, individuals who are truly open minded and spiritually oriented, may call for the spiritual energies of Love and Light from Jesus' Light Body to spiritually help them anywhere in the world.**

**There is also a second method for calling the spiritual energies of Jesus to oneself. This method is used by many Christians, and all fundamentalists. This method of spiritual worship doesn't need buildings and is available for free, to anyone throughout the world, regardless of their level of spiritual development. In addition, this is the only method for obtaining the spiritual energies of Jesus available to closed minded fundamentalists.**

**Fundamentalist Christian priests, pastors and ministers who cling to old dogma, which they do not understand, are still searching for their own spiritual maturity. However, because they make a living by telling others what to do, in their spiritual lives, they have to continue to rely on using old dogma, which they do not, and really cannot, fully understand. The hidden meanings in allegorically written scriptures, like the Bible, can only be deciphered by "One Who Knows". Thus, unable to comprehend the wonders and hidden mysteries in their own scriptures, those who do not know, can only repeat dogma written long ago.**

**Jesus does come with spiritual energies to help any of his descendants, who call his name. Jesus' energies also come to fundamentalists, because like any parent or grandparent, one's ancestor, will come to their child when needed. However, Jesus only comes to fundamentalists because they are related to him. Fundamentalists by worshipping Jesus, perform the ancient ritual which they refer to, as ancestor worship.**

**Those lacking spiritual knowledge refer to the respect and honor given to one's ancestors, as ancestor worship. However, it is only by ancestor worship that today's fundamentalists are able to receive the spiritual energies of Jesus.**

**Each of us is more than our physical body, for each of us is also our dreams when our body sleeps. Who we are, is comprised of the actions we do while we are awake, and the actions we do, while our physical body sleeps.**

**The Roman Empire's Church refers in their scriptures to the eternal Soul and Spirit, but today's religious leaders no longer fully understand the terms Soul and Spirit. Thus, without the wisdom of Jesus' true words combined with their own personal spiritual experiences in Soul and Spirit, church leaders cannot explain the Body/Soul/Spirit connection, in the language of today's world.**

*Those who do not know, can only quote words from another time and another era.*

**Each of us is an eternal, or permanent, Spirit, or Light Body. Our permanent Spirit uses a portion of itself, which is called a Soul, to experience the earthly actions we perform in our temporary physical bodies. Our eternal Spirit, surrounds our temporary physical body, and is who we really are. At the point in time where our new born infant physical body was removed from our mother's womb, our permanent Spirit attached an extension of itself, our Soul, to our present temporary physical body so we could experience life on Earth.**

**In the language of today's world, the eternal Spirit of a person, is an Individualized Consciousness residing within a Body of Light, or more concisely one's Light Body. As one spiritually matures, one increases their abilities and gains spiritual powers. One increases their spiritual abilities by using prayer, meditation, Light Body activations and the proper helping of others in need, which increases the size of their Light Body.**

**Our ancestors waiting for new physical bodies, live within their permanent Earthly Spirit Light Bodies. One's ancestors who have graduated, or those who no longer need to return, or incarnate into an earthly physical body, are in Angelic sized Light Bodies. One's ancestors who have graduated and gone beyond the size of an Angel, will be in their Archangelic Light Bodies and some may have attained Lord's sized Light Bodies. In addition, somewhere in the distant past of everyone, there is one, or more, of our ancestors, who has expanded into a Lord level Sun of God sized Light Body.**

**In many cultures, those who give respect and honor to their ancestors, desire for their ancestors, who are in Light Bodies, to stay nearby and help the family. In this manner, respected and honored ancestors will tend to remain around their family while they reside in their Earthly Spirit Light Bodies and they usually reincarnate back within their same family, generation after generation. This family type of reincarnation process creates a closer and closer knit family with each generation.**

**The family reincarnation process also creates a unique opportunity for each family member to maximize their "natural born abilities" and thus maximize their help to the family. The family reincarnation process also means family members will reincarnate within physical bodies that contain their own DNA ancestral memories, from their own previous lifetimes in a physical body. The first born in a family, who respects and honors ancestors, is most likely the ancestor of that family who reached the highest level of spiritual attainment, or expanded their Light Body to the greatest size, in a prior lifetime. This was the ancient reason why the first born son of a family inherited the leadership of a family when the father departed, and also the reason for the lineages of kings that began long ago.**

**Ancestors incarnating into physical bodies containing DNA memories from their own earlier lifetime can, with effort, access their own personal past life experiences, from their own ancestral memories, recorded at the DNA cellular level of their own temporary physical body. Ancestors will also have the same memories, of those same lifetimes, recorded in their permanent Light Body. Thus, the most spiritually advanced ancestor in a generation can sometimes access memories from their own previous lifetimes, both from the memories recorded in their DNA at the cellular level of their temporary human physical body, and also from the permanent memory recordings available in their Earthly Spirit Light Body.**

**The spiritual energies of the man called Jesus are available to everyone in today's world. Jesus was a Lord level Sun of God and, after 2,000 years, is one of the ancestors of almost every human physical body on Earth.**

**By now, almost everyone on planet Earth is a descendant of Jesus and Mary Magdalene. One is a descendant of Jesus and Mary Magdalene, if one has, among any one of their 69 billion ancestors in the last 900 years, one white man, or one white woman. This mathematical computation assumes 4 generations of family member, every 100 years, or average child bearing parents of 25 years old in each generation, and no interfamily marriages. Mathematically, everyone alive now, had 69 billion, or more, ancestors in the last 900 years, 1.1 trillion ancestors in the last 1,000 years, etc.)**

**Spiritual energies are received in prayer, meditation, Light Body activations and properly helping others. Prayer occurs when one decides mentally to say a prayer. The brain is the Awareness center of the physical body and uses prayer as one method, by which to send the energies of Magnetic Love and Electric Light from one's own Light**

**Body, to another.**

**One who prays to God and sends their energies to God, always receives more energies back than they gave. Thus, one who prays to God receives large amounts of God's heightened electro-magnetic energies of Magnetic Love and Electric Light into their Light Body in return for their devout prayer, which makes one "feel good".**

**One who prays to Jesus and sends their energetic Love and Light to him, receives back, Jesus' heightened energies of Magnetic Love and Electric Light in return, which will also make one "feel good". Just as parents in their physical bodies have Unconditional Love for all of their children, regardless of their behavior, so it is that our ancestors in their Light Bodies also have Unconditional Love for all of their descendants, regardless of their behavior. Thus, Jesus always returns the energy of love given to him by everyone of his descendants, even the fundamentalists, because he is their loving ancestor.**

**Just as the energies of God fill our universe, the energies of Jesus fill our solar system as a Lord level Sun of God, and those upon earth are able to receive his spiritual energies, as his descendants.**

**Two thousand years ago, Jesus and Mary Magdalene had 3 children, one daughter and two sons. There were a number of grandchildren, followed by even larger numbers of great-grandchildren, and so it was that despite all of the devious methods used by the Roman Empire's Church, the DNA ancestral memories of the Davidic and Hasmonaean Lineages have now spread out over the entire world.**

**One's prayers to a specific ancestor will attract the spiritual energies from that ancestor regardless of one's behavior. Thus, at Jesus' level of Enlightenment, as a Lord level Sun of God, his spiritual energies can be received by anyone in the world who simply repeats prayers to him. The process of repeated prayers to one's ancestor, like Jesus, awakens the spiritual energies of that ancestor recorded at the DNA cellular level, within one's physical body. The "energy signature" of one's ancestor recorded at the DNA level transmits spiritual energies that will call forth the spiritual energies of one's ancestor to one.**

**In summary, repeating the name of Jesus creates a state of excitation within one's own DNA ancestral memories. The release of electro-magnetic energies from Jesus' DNA within one's physical body brings forth Magnetic Love and Electric Light spiritual energies from Jesus' Light Body.**

**This process is why anyone, anywhere in the world can pray to Jesus and receive the comfort of his spiritual energies, for everyone is related to Jesus, even fundamentalists.**

**However, Jesus, then, and now, would say to people, send your prayers to God, for from God will you receive the most spiritual energies, far more energies than one receives through ancestor worship, even to one like Jesus.**

**This is why Jesus taught his spiritually powerful techniques to those who were ready, so they too, could "Be As Suns of God".**

**Being Different**  
by Ken MacLean

***Publisher's Note:*** *Several months ago, I discovered the remarkable writings of author Kenneth J. MacLean. First made privy to his work through one of his books, [The Vibrational Universe](#), not only did I find Ken's grasp of the workings of the universe to be utterly phenomenal, but felt it equaled only by his ability to explain those workings to others. Since that first wonderful introduction, I am pleased to say, Ken and I have become close friends and so it is with great pleasure that I present his work to you. I think you will enjoy it as much as I have.*

Have you ever heard the expression: "he is on a different planet than the rest of us" or, "she's living in her own little dream world." I turned on the news the other day and listened for about a minute, and realized that it had absolutely nothing to do with my life. Apparently there are all sorts of worries about the economy, and war, and terrorist attacks, but I now see only the good stuff. So I guess someone could say that I was divorced from reality. (Funny thing is, I feel so much better, now that I am no longer a news junkie. I notice that 99% of the stuff that is on the news is negative, but when I look around at life, I see 99% positive. Something is a little skewed, I'd say).

Through the subtle energy transfer of vibration, your thoughts and beliefs about life place you in vibrational proximity to those of like mind. This process is sometimes obvious, as you find yourself in a stadium watching a baseball game, and sometimes not so obvious, as you wind up at a job interview with someone who seems predisposed not to like you.

If you are continually worried about terrorism for example, you will probably attract something negative into your life sooner or later. Maybe not a terrorist, but something you don't like. The Law of Vibration guarantees that if you are worried about something, you are activating that feeling within you. When that vibration is activated, you begin to resonate more and more to it, like a tuning fork that is continually struck. Then you begin to find yourself in physical proximity, then more strongly, to persons and situations which are a match to the vibration which you have activated. The content of the experiences you have will never be identical, but they will all be self-similar, because the carrier wave of your vibrational signal is the same.

People eventually become so used to hearing the same note that it isn't even noticeable anymore. Even though they are continually striking the tuning fork with the vibration of 'worry about the economy' or 'fear of disease', it just becomes a habit. People get resigned to doing the darndest things! The point is that the Universal Operating System (my name for the set of five universal principles) guarantees that EVERYONE lives in their own little world. Essentially, we create our own vibrational islands of personal experience.

Inga's family is into sports, camping, games, and having fun, and so was Inga until a few months ago, when she took a look at her life and didn't like what she saw anymore. Inga quit her job in a sports consulting firm and began taking meditation classes. She now works in a new age bookstore, for far less money, and her family and old friends are confused about where she's at. There is now a vibrational separation vibration between Inga and her family. She is on a different wavelength, literally, and so much of what Inga thinks, says and does is no longer real to them. If Inga continues on this vibrational path, there will be more and more physical separation between them. This is not good or bad, it is just the way the Universal Operating System works. The law of 'like attracts like'

guarantees that Inga will meet up now with people of similar interests. She may lose some of her old friends, because their vibrations now clash with hers, like playing a melody note with a natural 7th and a chord with a flat 7th.

The idea that people can be on different planets and live next to each other is nothing new. I remember when I was a kid, I never even saw my neighbor who lived 2 doors down from me, even though we lived in that house for 8 years! I'll bet many others have experienced similarly.

The point is, what passes for the common reality in a family or group is usually just what most of the family or group agrees on. What passes for the common reality in a nation is what the majority of the people agree on, which usually means, what is on the news every day. But these realities have no more validity than the reality of any individual. It is just that more people have bought into them. The geniuses, the successful business people, those who prosper in any field are always those who decide to do something and then continue along their path, no matter what anyone else says. So many of us, when we see the maverick, will be quick to criticize. This is natural, since the vibration the maverick is offering is different from the agreed upon vibration.

What many do is pull back. Inga might say to her family and friends: "Oh, I'm sorry, I guess I am going a little too far with that meditation stuff. I'll behave myself from now on." Inga might quit her job at the bookstore and justify it by telling herself that it was just a whim. She might even get her old job back. She may now feel more comfortable when dealing with family and friends, but if Inga is truly dissatisfied with her life and continues to frequent the same places and deal with the same people, she will become increasingly irritable. The vibrations just aren't meshing anymore! (Of course Inga doesn't have to lose anyone in her life. By simply doing her thing she will stay cheerful, and by being cheerful, will draw out cheerfulness in others. That's the great thing about feeling good - there is absolutely no downside).

Being different just means having your internal vibration set at a different bandwidth than the people you are hanging around with. You can either stay with the old crowd and be miserable, or march to the beat of your own drummer. If you do decide to change, be assured that the laws of the universe will work for you. You will find yourself, inevitably, meeting up with new people and situations to match your new set of preferences! And if you stay happy, the process of changing your life will be effortless. You will gradually meet up with people more in tune with you and gradually the others will fade away, with no upset or resentment at all.

Someone once told me that when you really begin to travel your own unique path through life, you feel alone. Well, this is not always true! You may feel alone if you have suddenly changed your world view and are now completely out of tune with family, friends and work environment, or if you refuse to give up on your old life and the old crew. When you begin to find out who you really are, and discover that unique set of basic desires that you came to earth to fulfill, it feels great! In other words, there is no downside to advancement. There is a crazy idea on earth that in order to get any place you have to work hard, or struggle, or suffer, but this is just another one of those distorted concepts about the Universal Operating System that are floating about in the mass consciousness. If you simply go with whatever feels best to you, you will be inevitably led down the most joyous path. It will feel wonderful. People say there are risks in this

approach, that it would be nice to feel wonderful all the time, but that it is impossible, pie-in-the-sky dreaming. "You have to meet your responsibilities," they will say. "You got to pay the bills." This distorted concept promotes the idea that doing stuff that feels good will lead to financial ruin, but being a drone will at least bring the necessities of life.

Nothing could be further from the truth. There is no risk whatsoever in following your inner voice of inspiration. There is great risk in feeling lousy, however, because feeling lousy leads to stress, bad health, and more lousy life experiences.

Feeling good leads to good things in your experience, including money. The reason you can't make money doing things that feel good is precisely because you do not believe money can be made doing the things you love to do. This is a rigorous definition, and is in full agreement with the laws of the universe. The economy, the latest world political crisis, government policy, all of these things are irrelevant to your own prosperity and well being. Of course, if you believe that you have to import the ideas and experiences of others into your personal worldview, then you will begin to experience in that way. But politicians and the news media have got it all bollixed. They have convinced us that their actions are vitally important to us all. And those actions ARE vitally important IF we believe that they are. Even though all of us are connected, we still experience in our own instance of the universal program called "Earth."

No one can create in your experience. You are a sovereign, powerful creator, orchestrating life from the platform of your thoughts, beliefs, and feelings.

Don't give up on your dreams because they happen to be different from the crowd. Blazing your own trail may sometimes result in a clash of vibration, which won't feel so good. This does not mean your goals are impossible, or wrong, it is just the Law of Vibration telling you that you are now not resonating to the old ways anymore. That's a good thing, because it means you have truly shifted. It isn't all in your head, you are making it real enough in your vibration for others to respond to. The laws of the universe guarantee that there are plenty of people out there who you can connect up with in your new life. It may take a little time, but if you stick with it, the people and resources you need must come to you.

## **ARcHANGeL MeTATRoN**

This is a new version of Archangel Metatron which came through early in January 2006. He was heralded by a magnificent Labradorite sphere which I had acquired in exchange for his previous incarnation at the end of Dec 2005. I am always amazed at the precise "planning" that brings all the ends together for the perfect transition. Long ago I learned that I have to trust. . . and let go!

The sphere lay dormant for a few weeks until the time was right for the work to begin and Metatron could re-present himself anew. This is his message .

*" There are hearts who, as yet, feel untouched by the hand of the Divine. Hearts who shrivel when kindness and love are offered, turning like the dog who bites the hand that feeds it, though starving. The hunger breeds fear and the fear brings more hunger. Deprivation of the soul is the cruellest way to live and the hardest way to die. The heart is the fountain centre of Being. Feed the heart before the belly! Mankind can endure*

*much of physical deprivation before the Soul chooses to leave, but when the heart is deprived and allowed to become a withered and empty husk the Soul cannot be sustained.*

*I come to you now and ask, in all humbleness, that you feed your Soul and keep your Heart full and warm. There is no Divinity, nor Grace in hollowness.*

*Look around you. . . . offer your love and warmth especially where you see the lack in another. Do not be embarrassed that your offer will be spurned, or mocked, you will touch that heart anyway, at the Highest level. It may be a small kindness, a loving gesture or a gentle word, but it will make its way home carrying the Light of Source which illuminates and succours all.*

*I hold your Heart as my own, and in Love, blessed be"*