

Teachings From the Masters – 9

I give you my greetings this day – this is Sananda. I hope that all of you are feeling filled with light –the light from the Christ Star, because the more that you bring down that light into your homes and your hearts, the more easily you will become Christed beings once you take that step into the fifth dimension – that ascension of mankind. Over the time that I have been given these teachings I have been attempting to free you from your restrictions – your physical restrictions which all have whilst they are incarnating. It is a question of freeing the mind –accepting the fact that through visualisation you can achieve so much. The more that you practise visualising yourselves in that bubble of light drifting upwards into the heavens the more that you can realise how you will feel once you have ascended onto that fifth dimension. You will be able to travel wherever you wish using your mind as a tool. Think of that and how wonderful your life is going to be in the future! If you can imagine yourself in that bubble of light looking down on the Earth, you can then picture how things can be once you have achieved this new dimension.

All will be well –you will be protected constantly. Do not think that you will just drift off and not be able to return. As you know you cannot do this – you are permanently attached to your physical body even whilst you are asleep, and all the more so when you consciously visualise this bubble of light. This is your protection. It is God's Plan for mankind that he will join with us truly to become one – working together between the two dimensions and gradually raising the whole of mankind into a new awareness. Expanding their consciousness so that mankind is truly a being of light. Those who do not accept this will not become one with us as I have said –those not ready to accept these words of truth will just not continue into that new dimension. They will pass into spirit and not be a part of the new Heaven and new Earth. I have said before that it is only those who will accept these words both now and in future days who will be ascending.

There are many who at present are not upon the spiritual path but are good people who live their lives and are loving towards one another; they have not yet reached the point of learning that meditation should be a part of their lives. This is perfectly all right and gradually in time they will be accepting these words and consciously attempting to change their lives to fit in with this new concept. It is just something that they have not know about previously, but they will be ready and able when their time comes and all will be as one. It is only those who are of evil intent and are not acceptable that will be swept aside when the Earth changes come to pass. As I have said the changes within the Earth are already upon us, but it is at the time of more dramatic change coming about that it will be necessary to be upon the fifth dimension.

I know that all this takes some accepting and gradually most of you are coming round to this way of thinking. After all, your lives have been normal up to now shall we say – the way that you have been brought up in past years and conditioned to more strict religious beliefs. This is now part of the New Age of spirituality, which has come to pass over the past few decades that is gradually spreading. More and more people are turning to this new way of

thinking, in the new age of Aquarius when there has been a change in the attitude of so many to their spiritual awareness. Most of you feel that you are part of a secret service so to speak. You have your normal everyday existence living as you have always done, meeting up with friends and acquaintances to whom you cannot pass on this great new wisdom, which you are longing to shout from the rooftops. Then you meet up with those of like mind and you can confide in one another and talk endlessly about how the changes will come to pass and how your lives are changing dramatically for the better. It is only when you can speak freely that you can feel that you are living life to the full.

It is hoped that in time you will be able to pass on this knowledge to those acquaintances whom so far you have felt it was impossible to confide in. try to reach out to them to shed some light in their lives – I know that you long to do this but it is difficult to broach the subject. It is important that as many can be confided in as possible. It is such an important subject to talk about because after all they will be involved in time to come. It takes some courage I know and that will be the end of your friendship with them. Certainly some friendships will end slowly but surely when you realise that you have little in common now so it just comes about naturally without any hurt or hindrance. They just come to an end but hopefully you will make new acquaintances and friends who will be of like mind. I know that many of you meet together in groups – working together, meditating and discussing things of interest for the future, many teachings that you have read in other books, comparing notes. All this is good because it helps you to feel more confident about the changes that are occurring in the Earth and in yourselves in so many ways.

I have told you how you will be working between the two dimensions once you have taken that step into the light. There will be so much more power that you will receive into your bodies and your vibratory level will have raised quite considerably, so that anything that you attempt to do will be much simpler once you have accessed that other dimension of light. I have told you that it is just like stepping through a doorway of light, and you will find within that doorway many friends and loved ones who are also joining you on that dimension and ascending with you. It is not a question of rising into the heavens in fact, but just raising your vibratory levels and expanding your consciousness so that you can accept the new capabilities, which you will have. You are aware that the beings from other planets are helping at this time and you know that they too will be visible to you in the future. They are waiting with eager anticipation for you to be able to see them as they see you.

They too are evolved beings – not as evolved as the Masters of the Hierarchy, but such more than those on Earth on the third dimension. They have been existing on the fifth and sixth dimensions for many years. They do not have time as you do – they do not work with time concept, and once you have passed into that new dimension you too will understand this – your minds at present are finite and cannot conceive how they can exist without time. It is difficult to describe – it is just something that you must accept and have faith in, and once you have reached that stage you will realise how restricted your outlook has been in the past – as all men have been. It is not your fault, it is

just a fact, and once that stage has been reached you will understand many things, which at present seem to be a mystery. You will be able to cause things to happen which I cannot describe to you at present, but one is that you will be able to travel instantaneously through the mind which at present would be miraculous to you – apart from your visualisations of travel –you yourself will then be able to travel bodily and arrive quite simply in a place that you wish to be, with no transport required.

As I have said before the molecular structure of your bodies will be altered gradually, but once you have reached that dimension of light your bodies whilst on the fifth dimension will be completely different, and you will be able to reach out towards us and join with us, working together in your body of light. It is rather like whilst asleep in dreams you can raise upwards and fly that you probably have actually done this – your astral body travelling in the astral plane –the fourth dimension – able to move wherever you wish. Well, this will come to pass truly once you have ascended onto the fifth dimension.

The Earth herself is changing slowly but surely – it will remain in this orbit always, never moving out of orbit with the other planets in the solar system. She is just taking that giant step into the higher dimension and joining with those other planets, which are on a higher level. As I have said I have incarnated on Venus and many others of you have incarnated either on Venus or other planets, which are in the higher dimension. You will find that the Earth will be changed and become a beautiful place. It still is beautiful in many parts but the pollution will be gone and many features will change. Where there is presently desert will become fertile once more and mountainous regions may change to become more level plains. All this is for the future and you will be perfectly safe while these changes come to pass. It will happen quite quickly because by that time there will be no time. So do not concern yourselves because you will be safely on that higher level, and when it is safe for you to return – in the twinkling of an eye all will be well and you will return to that new Earth to take your place in society once again.

All will be well. Have faith and know that all will happen as it is meant to in God's Plan for man, and that new Heaven and new Earth which was promised so long ago will come to pass, God bless and keep you all.

Sananda